

# Frozen Head

## Sustainability Features

### Operations

The Park offers recycling of aluminum and plastic, while also recycling paper in the office. Park also has a no idle policy for their vehicles and the park manager does daily patrols on a bicycle. They use biodiesel in their equipment to support domestic fuel production and reduce air pollution. They also use energy efficient lighting when possible and turn off lights when not in use at residences and in park office.

### Historical/Community Significance

Frozen Head State Park and Natural Area visitor center is now part of the Upper Cumberland Quilt Trail. The U.C. Quilt Trail is part of a regional commitment to preserve the historical craft of traditional quilting. The blocks are replicas of treasured family heirlooms patterns. Frozen Head elected to display the "Tennessee Iris" quilt pattern on the front of the park visitor center.

### Biological

The Park is home to over 800 species of flora and fauna per All Taxa Biotic Inventory. The park has a State reference stream on the premises. The park is also listed on the Top 500 birding areas in the world.

## Moving Forward

### Renovations

The Park continues to replace out of date technology with new, more efficient technology for water and electricity.

## Park Highlights

- Located in Morgan County
- Visited by over 140,000 people in 2011
- Over 80 miles of trails in park and natural area
- Some trails are ADA compliant

